

# Objectives

- ▣ Conduct pain assessments appropriately by age
- ▣ Critique clinical protocols for pain management
- ▣ Discuss non-pharmacological and pharmacological pain management options
- ▣ Determine the differences between acute and chronic pain management
- ▣ Analyze the value of QA/QI, medical direction involvement, and documentation of pain management
- ▣ Outline monitoring and documentation techniques during various phases of pain management
- ▣ Critique the position paper published by the National Association of EMS Physicians regarding Prehospital Pain Management

# Monitoring and Documentation

- ▣ Clinical status before and after analgesic administration.
- ▣ Vital Signs
  - Level of consciousness
  - HR, BP, Pulse, pulse oximetry, EtCO2, etc. (prior to and following)
- ▣ Document
  - Any change in clinical status, corrective action taken
- ▣ Protocol
  - Follow all local controlled substance policies for documentation, waste, storage, verification, disposal, etc.

# Determining Pain

## OUCHER



## STANDARD PAIN SCALE

